



Steps You Can Take After Sexual Assault

Check list for adults who have been subjected to sexual violence

1

Call 110!

If you have been targeted with a sexual offence, alarm the police directly via the free emergency number 110. You can also go to a police station. We recommend that you immediately report the crime to ensure your safety, but also prevent the loss of evidence. Certain substances (e.g. knockout drugs, a.k.a. “roofies” or “date rape drugs”) can only be detected in the body for a few hours.

2

Forensic Medical Examination in Hospital

- If possible, ask someone you trust to support you and stay at your side.
- The police will accompany you to the emergency department of one of the following hospitals that is specialized in forensic examination and documentation:

**Campus Charité
Mitte**

Charitéplatz 1
10117 Berlin-Mitte

**Campus Benjamin
Franklin (CBF)**

Hindenburgdamm 30
12203 Berlin-Steglitz-Zehlendorf

**Charité Campus
Virchow-Klinikum**

Augustenburger Platz 1
13353 Berlin-Wedding

You can also visit these emergency departments independently of the police. It is also possible to contact the police via the hospital.

- You can seek emergency medical care at any hospital emergency department.

3

Preserving Evidence - Steps you can take

To prevent the loss of evidence, please observe the following:

- Even if it's difficult, try not to wash or shower before evidence has been recorded and secured.
- Keep original sanitary products worn at the time of the crime, such as panty liners or tampons. Do not wash worn clothing until evidence has been secured. The same applies to other textiles that are connected to the incident, such as bedding and towels.
- If you had prior contact with the perpetrator on social media (i.e. Snapchat, Tinder, Instagram, WhatsApp, etc.), take screenshots. Do not delete chats or files that were exchanged. Digital traces, as listed below, can be used as evidence in court proceedings:
 - The suspect's telephone number
 - Chat histories
 - Photos/ videos that were sent or received
 - User names
 - E-Mail addresses

4

Police Interview

You will be interviewed by the police officers on duty. To help the police officers understand what has happened, you will be asked questions including the following:

- What happened?
- Where did it happen?
- Who was involved?
- Were there witnesses?
- Is there any evidence?

Answering these questions will ensure that the investigation can be conducted successfully. Don't worry if you can't remember something. You can make notes beforehand.



Hints

- Please contact the Outpatient Clinic for the Protection against Violence at the Charité Berlin (Monday - Friday, 8:30 AM - 3:00 PM) at +49(0)30 45057027, if you prefer a confidential forensic examination without involving the police. The clinic will explain further steps.
- We advise seeking support and help in an emergency. The **Violence Against Women Support Hotline 116 016** and the website **Hilfe-in-Berlin.de** provide information on different support options available - Germany-wide and free of charge.
- Sexual offences against adults (aged 18 and over) are centrally processed by the specialist unit LKA 14 within the LKA 1 - Offences Against Persons of the Berlin Police Criminal Investigation Department. After you have filed a police report, our colleagues will contact you swiftly.

We're here for you!

Berlin Police

Polizei Berlin
Landeskriminalamt 14
Fachdezernat für Sexualdelikte
zum Nachteil von Volljährigen
Gothaer Str. 19 in 10823 Berlin
www.internetwache-polizei-berlin.de