Take care of yourself!

Call the police if you are witness or a victim of crime!

Emergency Call 110

Police Berlin
Liaison Officers for LGBTI-Issues
Phone: +49 (0) 30 4664-979444
E-Mail: lsbti@polizei.berlin.de

Tips from the Liaison Officers for LGBTI-Issues of the Police of Berlin

Contacts for LGBTI at Berlin public prosecutor’s office
Phone: 030 90142697
E-Mail: LSBT@sta.berlin.de

Maneo
The Gay Anti-Violence Project in Berlin
Phone: +49 (0)30 2163336
Home: www.maneo.de

LSVD – Lesben- und Schwulenverband
Berlin-Brandenburg
Association for LGBTI
Phone: 030 22502215
E-Mail: berlin@lsvd.de

L-Support
Lesbian Counselling Centre Berlin
Phone: +49 (0)30 2162299
E-Mail: info@l-support.net

Lesbenberatung e. V.
Lesbian Counselling Centre Berlin
Phone: +49 (0)30 2152000
E-Mail: beratung@lesbenberatung-berlin.de

Sonntags-Club e. V.
Counselling for LGBTI
Phone: +49 (0) 30 4497590
E-Mail: info@sonntags-club.de

Schwulenberatung Berlin
Counselling for queer and trans* people
Phone: +49 (0) 30 23369070
E-Mail: info@schulenberatung.de

Police Berlin
Criminal Investigation Department
Liaison Officers for LGBTI-Issues
Phone: +49 (0) 30 4664-979444

E-Mail: lsbti@polizei.berlin.de
Take Care of Yourself – Recognize and Avoid Danger

... on the scene / ... in public

Verbal Abuse / Threatening Behaviour / Physical Assault
- Remove yourself from the vicinity of the offender.
- Call for help.
- Do not retaliate.
- If on public transport, use the emergency brake/call button.

Pickpocketing / Robbery
- Only carry what you need.
- Hand your valuables to the bar staff for safe-keeping.
- Cancel lost or stolen cards immediately.

Knock-Out Drugs (Rohypnol etc.)
- Be careful if you are offered drinks (especially mixed-drinks).
- Watch your drink at all times.
- Rohypnol or similar drugs can lead to loss of control, loss of awareness and loss of memory.
- These drugs are only traceable in the human body for a few hours (Urinesample, Bloodtest). Please consult a doctor immediately.

... at home / ... Internet

At home
- Do not allow strangers into your home.
- Do not let unfamiliar people out of your sight.
- Ensure that no other people gain access to your home.
- Place your valuables in a safe place.
- Do not stand in the way of someone who wants to escape.

Internet
- Consider carefully which personal information you make available.
- Remember that your personal details can be misused for criminal acts.
- It is almost impossible to form a judgement on someone’s character online – your opinion may have nothing to do with reality.
- Show respect and make clear arrangements.
- Choose the time and place for a (first) meeting with care.
- Inform a friend about your date.
- If you are insulted or threatened on the internet, save the information or make a screenshot/screen capture.

... If others are in danger

If others are in danger or you hear cries for help:
- Inform the police immediately.
- Answer the call for help e.g. “The police have been informed.” / “Help is on the way.”
- Keep your distance and shout on behalf of the endangered person, “Help, police”.
- Use the call for help as a weapon.
- Mobilise others to help and protect the endangered person.
- Make a note of the attacker’s description.
- Make yourself known to the police as a witness. What you have witnessed can be of utmost importance for the police investigation.

Emergency call to the police. The following information is necessary:
- WHAT has happened?
- WHERE has it happened?
- IS anyone injured?
- HOW many attackers, IN WHICH direction did they leave, DESCRIPTION of the attackers?
- INFORM the police where you are and wait for the police to arrive.