

Patient name:

Date of birth:

Patient information sheet Copper IUD (Intrauterine contraceptive Device):

- Effective: 5 years, earlier removal possible at any time
- Free of hormones
- Inactivation of sperm cells, change of uterine mukosa
- Pearl-Index 0,3-0,8 (pregnancies occur in 3-8 out of 1000 women annually)
- After removal of the IUD, pregnancy is possible at the next ovulation

When and how is an IUD inserted?

Required before the insertion: gynaecological examination, inconspicuous pap smear test (not older than one year), in some cases: current chlamydia smear test

Insertion and change: during menstruation:

The interior of the uterus is examined with a probe. The IUD is introduced inside the uterine cavity with the help of an introductory device. There it unfolds and takes effect immediately.

After insertion, the return thread is shortened to a length of approx. 2 cm.

The correct fit is then checked by ultrasound.

Possible side effects and complications

<u>Pain</u>	Abdominal and back pain are possible within the first few days after insertion.
<u>Menstrual bleeding</u>	Menstrual bleeding can become heavier, more painful and can last longer.
<u>Inflammation</u>	The risk of pelvic inflammation is increased (6 out of 1000 women). In case of symptoms such as abdominal pain, unclear fever or changed discharge, treatment should be started as soon as possible. Untreated infections in the area of the uterus and / or neighboring organs (for example fallopian tubes) can be severe and in some circumstances lead to infertility.
<u>Dislocation</u>	Occasionally an IUD can slip out of position. Within the first year, this happens to 1-5 out of 100 women. During the entire period of 5 years, this happens to 5-10 out of 100 women. Hard physical work, sport or sex do not cause the IUD to slip. However, we do not recommend using the menstrual cup (Ladycup), as this can cause the IUD to slip.
<u>Perforation</u>	Inserting the IUD can, in rare cases, result in an injury to the uterus (1 out of 1000 women). An operation may therefore be necessary in this case.

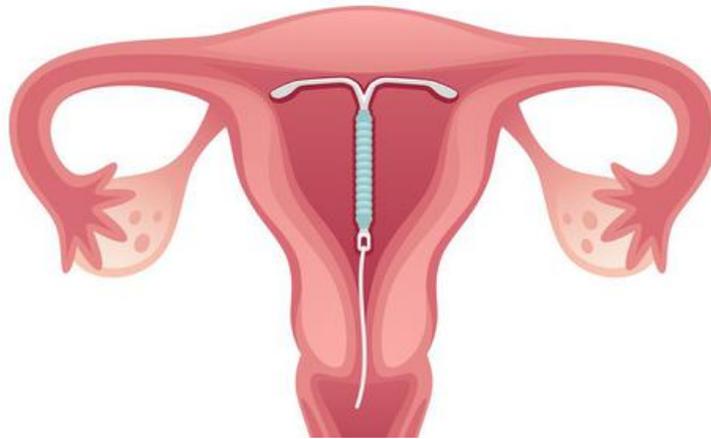
Pregnancy

If you get pregnant despite having an IUD, a gynaecologist should be consulted as soon as possible as to how to proceed further. The risk of an ectopic pregnancy is slightly increased.

If you would like to conceive children, have the IUD removed by a doctor. A pregnancy is possible immediately afterwards.

Ultrasound check

The first check will take place in our surgery one week after the insertion of the IUD. After that, regular checks should be carried out by your gynaecologist every 6 months.



Dr. _____ gave me a pre-treatment consultation.

I hereby confirm that I was thoroughly informed about the planned contraception with a **Copper IUD**, the associated intervention, the risks and possible complications, as well as the effectiveness of the copper IUD. Any further related questions have been fully clarified. I hereby consent to a **Copper IUD** insertion.

Date

Patient's signature

The procedure was discussed with the patient and all questions were clarified.

Date

Doctor's signature